

IN THE CLAIMS

Please amend the claims as follows:

Claims 1-12 (Canceled).

Claim 13 (New): A method of treating at least one condition, in a human in need thereof, comprising

administering a composition comprising, as an active ingredient, peptides obtained by hydrolyzing proteins obtained from a source selected from the group consisting of a seaweed, a plant, a fish, a milk protein, an animal, and a collagen, to the human in an amount sufficient to treat the at least one condition,

wherein the at least one condition is selected from the group consisting of a stiff neck, a headache, poor circulation, fatigue, a menopausal disorder, increased lactic acid blood concentration, damaged skin, hair loss and depression,

wherein the seaweed is selected from the group consisting of laver, wakame, edible brown algae, sea tangle, chlorella, and spirulina,

wherein the plant is selected from the group consisting of soybean and sesame,

wherein the fish is selected from the group consisting of bonito, mackerel, saury, and horse mackerel,

wherein the milk protein is selected from the group consisting of skim milk and whey,

wherein the animal is selected from the group consisting of a cattle and a swine, and

wherein the collagen is selected from the group consisting of bovine collagen, porcine skin collagen, and fish scale collagen.

Claim 14 (New): The method of claim 13, wherein the hydrolyzed proteins in the composition are administered to the human in an amount of from 0.5 to 2000 mg/kg/day.

Claim 15 (New): The method of claim 13, wherein the hydrolyzed proteins in the composition are administered to the human in an amount of from 10 to 400 mg/kg/day.

Claim 16 (New): The method of claim 13, wherein the at least one condition is a stiff neck.

Claim 17 (New): The method of claim 13, wherein the at least one condition is a headache.

Claim 18 (New): The method of claim 13, wherein the at least one condition is poor circulation.

Claim 19 (New): The method of claim 13, wherein the at least one condition is fatigue.

Claim 20 (New): The method of claim 13, wherein the at least one condition is a menopausal disorder.

Claim 21 (New): The method of claim 13, wherein the at least one condition is an increased lactic acid blood concentration.

Claim 22 (New): The method of claim 13, wherein the at least one condition is damaged skin.

Claim 23 (New): The method of claim 13, wherein the at least one condition is hair loss.

Claim 24 (New): The method of claim 13, wherein the at least one condition is depression.

Claim 25 (New): The method of claim 13, wherein the source is a seaweed, and wherein the seaweed is selected from the group consisting of laver, wakame, edible brown algae, sea tangle, chlorella, and spirulina.

Claim 26 (New): The method of claim 13, wherein the source is a plant, and wherein the plant is selected from the group consisting of soybean and sesame.

Claim 27 (New): The method of claim 13, wherein the source is a fish, and wherein the fish is selected from the group consisting of bonito, mackerel, saury, and horse mackerel.

Claim 28 (New): The method of claim 13, wherein the source is a milk protein, and wherein the milk protein is selected from the group consisting of skim milk and whey.

Claim 29 (New): The method of claim 13, wherein the source is an animal, and wherein the animal is selected from the group consisting of a cattle and a swine.

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Claim 30 (New): The method of claim 13, wherein the source is a collagen, and wherein the collagen is selected from the group consisting of bovine collagen, porcine skin collagen, and fish scale collagen.

Claim 31 (New): The method of claim 13, wherein the administration of the composition effects vasodilation, thereby treating at least one condition.